

**MAYFLOWER MUNICIPAL HEALTH GROUP
MINUTES OF GENERAL MEETING**

June 18, 2014, 8:30 A.M.

**Halifax Country Club
100 Country Club Lane
Halifax, Massachusetts**

Attendees:

Dori Jamieson, Town of Abington
Michael Levy, Chairman of General Board -Town of Bridgewater
Linda Sacchetti, Brockton Area Transit Authority
Linda Cole, Town of Halifax
Troy B. G. Clarkson, Town of Hanover
Ronald San Angelo, Town of Hanson
Ted Alexiades, Town of Hingham
Michael Buckley, Town of Hull
Ken Stevens, Town of Kingston
Rocco Longo, Town of Marshfield
Marcia Bohinc, Town of Marshfield
Dan Matthews, Norfolk County
Michael Laliberte, North River Collaborative
Jim Boudreau, Town of Norwell
Darleen Sullivan, Town of Norwell
Marcine Fernandes, Onset Fire District
Mary McCoy, Onset Fire District
Henry Burbine, Massachusetts Teacher's Association
Jennifer Grasso, Town of Pembroke
Kathleen McCarthy, Town of Pembroke
Brian McDonald, Plymouth County
Bill Farmer, Plymouth County Retirement Association
Colleen Thompson, Town of Plympton
Cindy Mello, Town of Rochester
Patricia Vinchesi, Town of Scituate
Pamela Avitabile, Town of Scituate
John Tuffy, Silver Lake Regional School District
Rick Reino, South Shore Educational Collaborative
Maureen Shirkus, South Shore Emergency Communication Center
Kristen Sniezek, Southeastern Regional Transit Authority
Wendy Lemieux, Wareham Fire District
John Duggan, Town of West Bridgewater
Paul Golder, Town of West Bridgewater
Frank Lynam, Town of Whitman
Mary Beth Carter, Town of Whitman
Mary Jo Lipson, Whitman- Hanson Regional School District
Kevin Powell, Plymouth County Retiree
John Sciara, Professional Fire Fighters of Massachusetts
Thomas J. O'Brien, MMHG Treasurer
Sheila Avery, MMHG
Kelly Morse Perez, MMHG
Jack Sharry, Group Benefits Strategies
Joseph McCarthy, Group Benefits Strategies
Kate Sharry, Group Benefits Strategies
Maureen Adams, Town of West Bridgewater
Liz Kimball, Whitman-Hanson Regional School District

Tanya Chakmakian, Blue Cross Blue Shield of Massachusetts

The meeting was called to order by the Chairman at 8:48 a.m. with a quorum present.

1. **Accept Meeting Minutes**

MOTION: Clarkson made a motion to accept the April 2, 2014 meeting minutes.

SECOND: Farmer

VOTE: Unanimous, motion passed

2. **Wellness Report**

Wellness Committee Co-Chair Linda Cole said a letter was sent to all member units asking for their written commitment to be a part of the wellness program. She described how wellness programs increase productivity, improve morale and provide an excellent return on investment. She reminded all member units to make sure they are represented at the Wellness Committee quarterly meetings. She said that the MMHG won a Blue Cross Blue Shield innovation award for wellness initiatives. She highlighted information from the MMHG Wellness FY14 review handout including individual member unit grants.

Cole said that 56% of the member units applied for grants in FY14. She said that 4 units are growing “office gardens” to promote healthy eating, improve employee morale and is seen by many as a stress reliever.

Cole asked members to look at the bulletin board on their way out to see pictures of grant ideas. She stated that all member units should be applying for a grant because the grant form is simple and help is available if you need it.

Cole shared her experience in creating a wellness culture in her member unit and explained how it has grown to what it is today.

Cole concluded by saying “if you lead, they will follow” and asked all member units to take the first step to start something for your employees, even if it is a make your own salad bar day. She stated that attendance and participation in these programs shows that you care about your employees. She invited all members to attend the next wellness meeting, like MMHG on Facebook and participate in the walk for a cause.

3. **GBS Report**

Sharry stated that we have 10 months of paid claims and we are around \$2,000 positive over the expenses. He said the claims have been better than expected for the past three years. He asked all member units to let Avery know if they didn't receive the funding rate analysis that was sent to them a few weeks ago.

Sharry explained that a few units have expressed interest in joining the MMHG. He said he gathers information to see if the group is a good fit and is currently speaking with two municipal entities. He explains to any interested municipal entity not to expect the rates to stay the same forever.

Sharry explained the “cadillac tax” which we may have to deal with in 2018 and he is working on preparing for it.

4. **Treasurer's Report**

Treasurer O'Brien explained that we had a good FY13 audit and print outs are available on the back table. He said FY14 is also looking good and it doesn't appear we will have to use any of the trust fund reserve. He reminded everyone that for FY15 they authorized using up to \$6.4 million from the reserve to keep rates the same.

O'Brien stated he is working with potential new municipal entities on innovative ways to pay their share of the reserve in order to join the MMHG.

Mello asked about the Patient –Centered Outcomes Research Institute (PCORI) fee and if the member units had to send it to the IRS. Sharry stated he is working on this and the member units will not have to do anything.

5. **Elections- Steering & Finance Committees 7-1-2014**

Chairman Levy asked if there was anyone else that was interested in serving on the Steering or Finance Committees.

Hearing and seeing none he stated the candidates as follows:

<i>Finance Committee:</i>
John Duggan, West Bridgewater Town Treasurer, Candidate for Re-Election
John Tuffy, Superintendent, Silver Lake Regional School District, Candidate for Re-Election
Leo Provost, Abington Town Treasurer

MOTION: Lynam made a motion to elect the three members of Finance Committee as listed above.

SECOND: Alexiades

VOTE: Unanimous

Chairman Levy stated the candidates as follows:

<i>Steering Committee:</i>
Ted Alexiades, Hingham Town Administrator, Candidate for Re-Election
James Boudreau, Norwell Town Administrator, Candidate for Re-Election
Troy Clarkson, Hanover Town Manager, Candidate for Re-Election
William Farmer, Plymouth County Retirement Executive Director, Candidate for Re-Election
Michael Levy, Representing the Town of Bridgewater, Candidate for Re-Election
Frank Lynam, Whitman Town Administrator, Candidate for Re-Election

MOTION: Matthews made a motion to elect the slate as all current members of the Steering Committee are seeking re-election.

SECOND: McDonald

VOTE: Unanimous

6. **Election- Treasurer 7-1-2014**

MOTION: Clarkson made a motion to nominate Thomas J. O'Brien as the Treasurer of the Mayflower Municipal Health Group.

SECOND: McDonald

VOTE: Unanimous

7. **Election- Chairman 7-1-2014**

MOTION: Clarkson made a motion to appoint Michael Levy as Chairman of the Mayflower Municipal Health Group.

SECOND: Lynam

VOTE: Unanimous

Lynam motioned to adjourn at 9:21 a.m., seconded by Alexiades and voted unanimously.

Respectfully submitted,

Sheila Avery

Reference documents for this meeting:

- 1) MMHG Wellness FY14 Review